

Childhood Anxiety: Understanding and Helping Children Heal



Anxiety has many faces, and at this workshop parents, caregivers, and professionals will learn about the psychological and physiological roots of anxiety, why it is on the rise in our children, and what to do to help children better manage it.

Saturday, September 29, 2018

9:00 am - 5:00 pm

Dow Centennial Centre - Lions Main

Cost \$35

To Register: 780-992-6200

Course Code: 32103

