



Circle of Security

for Parents & Caregivers of children aged 4 - 10 years

Are you being challenged with your child's behaviour?
Do you feel like you are often in conflict with your child?

Are you wanting to learn more about the emotional needs of your child?

You are invited to join us for this parenting support and education group. We will learn a new way to understand your child's behaviour and tune into their attachment needs.

Circle of Security parenting is rooted in research related to attachment and child and adolescent development, helping us to explore how to best connect and support the emotional needs of our children.



Elk Island Catholic Schools and **Alberta Heartland Primary Care Network** are inviting **Parents and Caregivers** of children aged **4 - 10 years** to attend a **FREE** 5 week program on Tuesday evenings.

**Tuesday Evenings starting
October 1 to 29, 2019**

6:30 pm – 8:00 pm

Our Lady of the Angels Catholic School
9622 Sherridon Dr, Fort Saskatchewan

Call Eleanor at **780.995.9352** for more information
and to register by Friday, September 27, 2019