

OLA CRUSADERS GRADE 7 & 8 SPORTS 4 LIFE

Sep 2015 (Mountain Time - Edmonton)

| Mon | Tue | Wed | Thu | Fri | Sat | Sun | |
|-----|---|---|-----|-----------------------------------|-----|-----|----|
| 31 | Organizational Day | Tennis (Grade 7) Training (by hand) | 3 | Tennis (Grade 8) Training | 4 | 5 | 6 |
| 7 | JBF-Fitness Fest Rugby / Soccer Team Building - Kristine <u>Complete the Flag</u> 9 / | Tennis (Grade 7) Training (Football) | 10 | Tennis (Grade 8) Training | 11 | 12 | 13 |
| 14 | BIRCH BAY RANCH JBF- Spartan Course Rugby | Flag Football Tennis (Grade 7) | 17 | Flag Football Tennis (Grade 8) | 18 | 19 | 20 |
| 21 | RUNDLE PARK | Flag Football Tennis (Grade 7) | 24 | NO SCHOOL | 25 | 26 | 27 |
| 28 | BIRCH BAY RANCH JBF- Spartan Course On- Ice Evaluation | Tennis Tournaments | 1 | Playmaker U Tennis (Grade 8) | 2 | 3 | 4 |